



Shrewsbury Parks & Recreation
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July is National Park and Recreation Month

Shrewsbury, MA -July 1, 2021

This July, join **Shrewsbury Parks & Recreation** for Park and Recreation Month, as we celebrate how Shrewsbury is stronger, more vibrant and more resilient because of parks and recreation. Take part in Parks & Recreation Bingo and celebrate by getting outside and creating memories.

Shrewsbury Parks & Recreation is celebrating Park and Recreation Month, an initiative of the **National Recreation and Park Association (NRPA)**, by inviting our community to share their experiences, memories and stories about what parks and recreation mean to them.

Parks are at the center of so many experiences and memories. Our local parks are often our first experiences in nature, our introduction to a favorite hobby or physical activity. They are places to gather with friends and family, spaces to celebrate life's special moments, spots of respite and healing, sites that connect us with sports leagues and so much more.



Please take a moment to tell us what park and recreation means to you. NRPA encourages people that support parks and recreation to share their park and recreation story, as well as why their local park and recreation professionals are important to them, with the hashtag #OurParkAndRecStory. Tag us on Instagram or Twitter @Shrewsburyparks.

For a list of local parks in Shrewsbury visit:

<https://shrewsburyma.myrec.com/info/facilities/default.aspx>

JULY IS NATIONAL PARKS & RECREATION MONTH
 CELEBRATE BY GETTING OUTSIDE AND CREATING MEMORIES!

PARKS & RECREATION
Bingo

VISITED DEAN PARK	WENT ON A BIRD WALK	WORE MY BIKE HELMET ON A RIDE	PLAYED FRISBEE	
READ A BOOK OUTSIDE	ATE LUNCH OR DINNER OUTSIDE AT A PARK	MEDITATED	WALKED THE PAVED TRAIL AT JORDAN POND	VISITED A PLAYGROUND
#SELFIESUNDAY TAKE A PHOTO IN THE PARK	DRANK WATER		TOOK A SOCIAL MEDIA BREAK	DID SOME SUMMER READING OUTSIDE AT A PARK
TAKE A WALK	VISITED A NEW PARK IN TOWN	WALKED THE STORYWALK AT LAKE ST PARK	VISITED A TRAIL SHREWSBURY TRAILS	WENT FISHING
DID AN ARTS & CRAFTS PROJECT	SPENT TIME WITH NATURE	PLAYED AT MAPLE AVE RECREATION AREA	WROTE IN MY JOURNAL ABOUT PARKS	TRIED A NEW ACTIVITY

Tag us on Instagram or twitter @Shrewsburyparks
 #OurParkandRecStory

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