

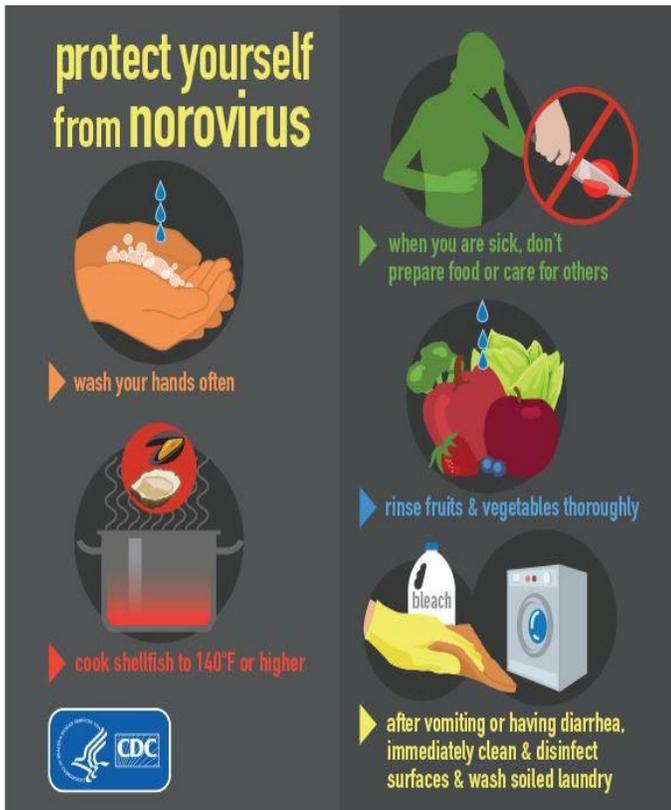


# Health Topics

## February 2017 Edition

### Norovirus

According to the [Centers for Disease Control and Prevention \(CDC\)](#), Norovirus is a very contagious virus that can infect anyone. You can get it from an infected person, contaminated food or water, or by touching contaminated surfaces. The virus causes your stomach or intestines or both to get inflamed. This leads you to have stomach pain, nausea, and diarrhea and to throw up.



See the infographic above on how to protect yourself from Norovirus.

### Teen Dating Violence Awareness



1 in 10 high school students has been purposefully hit, slapped, or physically hurt by a boyfriend or girlfriend – statistic from [Urban Institute](#).

According to the [Centers for Disease Control and Prevention \(CDC\)](#), teen dating violence is defined as the physical, sexual, psychological, or emotional violence within a dating relationship, including stalking. It can occur in person or electronically and might occur between a current or former dating partner. Several different words are used to describe teen dating violence. Below are just a few.

- Relationship abuse, intimate partner violence, relationship violence, dating abuse, domestic abuse, domestic violence etc.

Many teens do not report it because they are afraid to tell friends and family. The Urban Institute reports that one in 10 high school students, has been purposefully hit, slapped or physically hurt by a boyfriend or girlfriend. For more information and resources visit [thatnotcool.com](http://thatnotcool.com).

## Helpful website links:

### Norovirus

<https://www.cdc.gov/features/norovirus/tips.html>

<http://www.cdc.gov/norovirus/tips-infographic-sp.html>

<http://www.cdc.gov/norovirus/index.html>

### Teen Dating Violence

<http://thatsnotcool.com/>

<http://www.loveisrespect.org/resources/teendvmonth/>

<http://www.loveisrespect.org/>

[http://www.cdc.gov/ViolencePrevention/intimatepartnerviolence/teen\\_dating\\_violence.html](http://www.cdc.gov/ViolencePrevention/intimatepartnerviolence/teen_dating_violence.html)