

# FLU-COVID-RSV

Influenza (FLU), COVID-19 and Respiratory Syncytial Virus (RSV) are common respiratory illnesses caused by different viruses. Respiratory illnesses are common during the Fall and Winter and can affect everyone! Most at risk are young children, adults 65+, pregnant women and people with immune compromising conditions.

## DIAGNOSIS

- Molecular tests can detect genetic material and different types.
- Antigen tests can quickly detect specific viral proteins that are made during the infection.

## TREATMENT

Both FLU and COVID can be treated with antiviral medications. RSV infections go away on their own within a week. These infections can also be managed with rest, fluids, pain and fever reducers.

## SYMPTOMS

COMMON SYMPTOMS	FLU	COVID-19	RSV
FEVER	Yes	Sometimes	Yes
CHILLS	Yes	Yes	Not Usually
HEADACHE	Yes	Yes	Not Usually
CONGESTION	Yes	Sometimes	Yes
COUGH	Yes	Yes	Yes
SHORTNESS OF BREATH	Sometimes	Yes	Yes
FATIGUE	Yes	Yes	Yes
RUNNY NOSE	Yes	Yes	Yes
DIARRHEA	Sometimes	Sometimes	Sometimes
NAUSEA/VOMITING	Sometimes	Sometimes	Sometimes
WHEEZING	Not Usually	Not Usually	Yes

## RSV IN CHILDREN

In very young children symptoms can include irritability, difficulty breathing and low energy. In serious cases RSV can lead to Pneumonia and Bronchiolitis.

## PREVENTION

Vaccine is available for all three infections-schedule yours today!  
State requirements by vaccine webpage, immunization schedules and educational materials for patients and providers are available.

## VACCINE RESOURCES

For more information visit [Immunize.org](https://www.immunize.org)

