



TOWN OF SHREWSBURY
Council on Aging
Shrewsbury Senior Center
98 Maple Avenue, Shrewsbury, Massachusetts 01545-5398

Shrewsbury Council on Aging
August 17, 2022
Minutes

Present: Jean Campaniello Lori Jones, Alex Roman, Betsy Zuegg, Judy Goodstein
Staff present: Hollie Lucht, Christine Moriarty, Renee D'Argento
This meeting was recorded by Krista Fogg of Shrewsbury Media Connection

1. The meeting was called to order at 9:02am
2. Review and accept minutes of June 2022 minutes; accepted unanimously.
3. Friends of the Shrewsbury Senior Center representative unavailable.
4. Financial reports:
 - a. Revised format for ease of reading;
 - b. Questions/comments: request for itemized report; agreed.
5. Director's report:
 - a. Outreach report- Renee D'Argento
 1. 9/8/22 Health Fair update- 50 vendors participating at this time.
 2. Think Ahead program target audience- those approaching 65 years old.
 3. Oct/Nov. programs: Medicare-related sessions; financial representatives; requests for SHINE representatives are coming in.
 4. Survey results to be posted in the September newsletter. Results to be evaluated to determine next steps regarding outreach needs; overwhelming response to the survey with results to be uploaded to the COA Board website.
 - b. Election of officers- two new COA Board members to be added in September. Town Manager suggested postponing election of officers until October in order for new members to have met the Board.
 - c. Programs/events:
 - (1) Program Statistics
 1. Statistics on program enrollment presented for the month of June. 793 check ins and 206 individuals. Reminder that summer enrollment may be lower than fall/winter.
 2. Important to have visitors to the Senior Center check in to the kiosk! Staff use these numbers for grant applications, etc. The check-in can occur at any time during a visit to the Senior Center.
 3. To encourage people to use the kiosks, there is an August raffle for those who check in with the kiosk!

4. Questions/discussion:

1. Do we pay for programming? No.
2. Discussion about low-enrolled programs. They would not be eliminated except for space availability.
3. Educational programs for seniors are videotaped for those at home.
4. On the statistics report- request to offer the “Category Overview” on a monthly basis and more detailed data quarterly.
5. Memory Café numbers do not reflect actual participation; Christine will get scan the names of participants into the kiosk.
6. There is a need for a Pitch instructor and for a Line Dancing instructor!!
7. Thanks to the staff for the hard work creating, distributing and analyzing the survey!!

(2) Update on Policy Subcommittee:

Final draft due in September

Final draft to be sent to Town Manager prior to acceptance by the Board.

(3) Alzheimer’s No Walk, Walk:

Walk is October 3 in Worcester. There is a flyer with a QR code for information and to donate.

(4) 9/8/22 Health Fair update-covered by Renee. Additional information:

Bob DeCoteau of the Boston Red Sox will loan us the 2018 trophy for photo ops!

Appetizer stations will be available. No congregate dining that day.

Request for volunteers- contact Renee.

9/13/2022 Senior Center Celebration- Assabet Valley Mastersingers will perform at the luncheon; a recognition plaque will be presented to Louise Russell, long-time COA Board member; there will be an opportunity for guests to offer thoughts and memories about the Senior Center.

o 9/22/2022 Think Ahead program- representatives from AARP, Shine and ESWA

- will present information for those over 50 as they prepare to reach age
- 65. Open to all; event will be recorded.

o 9/25/2022- Spirit of Shrewsbury Tea sponsored by the Friends of the

- Shrewsbury Senior Center. Transportation available. VIP seating
- for seniors at the Spirit of Shrewsbury parade.

(5) MCOA fall conference- to be held in Falmouth; Open to COA Board members. Held on Oct 19-21, 2022.

6. New business/old business

- a. The Senior Center gardens have suffered from lack of rain, and the planters are in disrepair. Request to have them removed prior to the Health Fair; a possible solution for the future is to use excess monies from the Formula Grant to have the Town build a more stable structure for future gardens.

- b. Congratulations to Christine Moriarty on her new position as Assistant Director!!
Much deserved!!
 - c. Requests to change the start time of COA monthly meetings from 9am to 9:30am.
Motion made and accepted; unanimous vote. This will begin in September, 2022.
 - d. Reminder to the COA Board to check the COA Board Share Drive regularly.
7. Meeting adjourned 10:09am.