



**TOWN OF SHREWSBURY**  
Richard D. Carney Municipal Office Building  
100 Maple Avenue, Shrewsbury, Massachusetts 05145

Date: April 15, 2022  
To: Board of Health  
From: Kerry Stockwell, Principal Department Assistant  
Re: Board of Health Meeting Minutes – IN-PERSON

ATTENDANCE: Stephen Vigeant, Dr. George Abraham, and Jennie Fishman

ALSO IN ATTENDANCE: Central MA Regional Public Health Alliance (CMRPHA):  
Brendon Keenan, Chief of Community Health  
Karina Scott, Manager of Strategic Partnerships  
Matthew Moore, Communications Specialist  
Micah Blondeau, Regional Environmental Health Specialist

Coalition for a Health Greater Worcester (CHGW)  
Casey Burns, Coalition Director

NOT IN ATTENDANCE: Julie VanArsdalen, Regional Environmental Health Coordinator (CMRPHA)  
Karyn Clark, Director (CMRPHA)

The next meeting of the Board of Health will be held on **FRIDAY, April 15, 2022 at 8:00 a.m.** in the Selectmen's Meeting Room at the Richard D. Carney Municipal Building located at 100 Maple Avenue, Shrewsbury, Massachusetts 01545, at which time and place the Board of Health will consider the following agenda:

- 1. Call to order.** The meeting was called to order at 8:05 a.m. by Stephen Vigeant.
- 2. Review and approval of Minutes from the March 4, 2022 Board of Health meeting.**  
On a motion made by Dr. Abraham and seconded by Jennie Fishman and on a vote; Dr. Abraham, aye, Jennie Fishman, aye; and Stephen Vigeant, aye, the Board of Health voted to approve the Minutes from the March 4, 2022 Board of Health meeting. Unanimously approved 3 – 0.
- 3. Review and Discuss the 2021-2026 Greater Worcester Community Health Improvement Plan (CHIP).**  
Casey Burns introduced herself and then let her colleagues Karina Scott, Brendon Keenan and Matthew Moore introduce themselves.

Casey Burns and Karina Scott stepped the Board through the CHIP presentation. The CHIP is a document and the Coalition is the convening agency. The Coalition's is the framework in supporting the accomplishment of the CHIP.

The CHIP is a regional strategic plan for addressing health disparities and improving community health. This is a community-wide plan with public accountability. The CHGW serves as the implementation agency, and the Worcester Department of Public Health (WDPH) and the CMRPHA are the lead partners handling federal accreditation. The UMass Memorial Health Center (UMMHC) and Fallon Health lead with the Community Health Assessment (CHA) along with a steering committee. The CHIP seeks to align funding and resources to identified strategies that are developed through a community-driven process.

The 2021-2026 CHIP is comprised of three (3) major structures: Adopt Municipal Racial Equity Policies; Community-wide Policy Change Campaigns and Prioritized Strategy and Action Agenda.

Question: Can you explain the MA Age-friendly Designation?

Answer: It is a review of city policies and infrastructure for the aging community. It is a movement to make communities more livable for older residents and people of all ages. Some examples: transportation, social inclusion, outdoor spaces and buildings, housing, employment, health services, etc.

You can get involved in the CHIP by networking with other members, align funding, joining a group, or advocacy

campaign, use and contribute data, support the Coalition's infrastructure or align work plans from different organizations. There are many ways to bring people together. A summary of available meetings can be found in the slide deck, which includes a link that will direct you to a Google site to sign up for emails and calendar invites.

Casey Burns shared an upcoming training course offered through the Worcester Trauma, Resiliency and Racial Equity Training Institute. Registration is open for April and May called Foundational Training. This is an online course in which participants will learn to use trauma-informed knowledge and skills to promote racial equity and resilience. Jennie Fishman had attended their last training session and thought it was great. It provided excellent framework that she now applies to her daily work. Karina Scott has taken several training courses on racism but this course gave a different perspective through the lens of trauma.

The Coalition's staff is always available for support during this implementation. Their contact information is noted on the last slide of the presentation.

At this time, Dr. Abraham left the meeting.

In the past, the CHIP was centered on the City of Worcester. Now, it has spread out amongst the Alliance communities (Shrewsbury, Worcester, Grafton, Millbury, and West Boylston). The intent is to increase the partnership and solicit feedback.

The Board applauded them for their work and for presentation at today's meeting.

**4. Review meeting schedule.**

The next scheduled Board of Health meeting will be held on Friday, May 20, 2022 at 8:00 a.m. in the Board of Selectmen's Room at the Richard D. Carney Municipal Building, 100 Maple Avenue, Shrewsbury, MA 01545.

**5. Adjourn.**

On a motion made by Jennie Fishman and seconded by Stephen Vigeant and on a roll call vote; Jennie Fishman, aye and Stephen Vigeant, aye, the Board of Health voted to adjourn the meeting at 8:46 a.m. Approved 2- 0.

Correspondence:

- Board of Health Meeting Minutes – March 4, 2022