



TOWN OF SHREWSBURY

Richard D. Carney Municipal Office Building
100 Maple Avenue
Shrewsbury, Massachusetts 01545

DATE: March 8, 2019

TO: Board of Health

FROM: Kerry Stockwell, Administrative Assistant

SUBJECT: Board of Health Meeting Minutes

ATTENDANCE: Stephen Vigeant, Maria Narducci, Jennie Fishman

ALSO IN ATTENDANCE: Phil Leger and Joshan Niroula - Worcester Department of Public Health (WDPH) / Central Mass Regional Public Health Alliance (CMRPHA)
Bryan Moss, Shrewsbury resident – 16 Ruthen Circle
Patrick White - St. John's High School
Dr. Joseph Sawyer, Patrick Collins, Jay Costa and Jason Palitsch – Shrewsbury Public Schools

AGENDA

- 1. Call to order.** The meeting was called to order at 8:05 a.m. a.m. by Stephen Vigeant.
- 2. Review and approval of Minutes from the January 25, 2019 Board of Health meeting.**
Maria Narducci made a motion to accept the Meeting Minutes from the January 25, 2019 Board of Health meeting. Seconded by Jennie Fishman. Unanimously approved 3-0.
- 3. Introduction of Joshan Niroula, Public Health Prevention Specialist / Tobacco Control Coordinator.**
Joshan Niroula introduced herself to the Board and is the new Public Health Prevention Specialist / Tobacco Control Coordinator. She is part of the Worcester Regional Tobacco Collaborative and will also be facilitating substance prevention work.
- 4. Review and discuss Artificial Turf Policies & Procedures – requested by Bryan Moss, 16 Ruthen Circle, Shrewsbury, MA 01545.**
Bryan Moss came before the Board as a follow-up on prior requests to implement policies and procedures around Artificial Turf in the Town of Shrewsbury. Both Shrewsbury High School and St. John's High School have Artificial Turf fields that were installed last summer. There are three (3) specific requests are:
 - 1) There are twenty eight (28) surrounding towns that have this type of field. Is it possible to reach out to those towns and see what they might have in place and gather that data?
 - 2) Are there policies and procedures around heat? The Shrewsbury High School outlined in a previous letter that they will be installing water cannons and if the temperature was going to be too hot, the field would be closed. How do you know when to use the water cannons? Is there a certain degree that triggers the use of the water cannons?
 - 3) How will the temperature be monitored? How do you measure the heat on the field? He would like to

see a Town-wide Artificial Turf policy put in place.

The Artificial Turf fields were installed last year. Because of that, the really hot temperatures were missed when it first opened. The heat will be more of a factor in the coming months. He would like to see something in place for the spring. Artificial Turf absorbs heat and radiates that heat back out. The Turf can reach up to one hundred sixty (160) degrees and beyond. Second and third degree burns can occur very quickly. There are extreme temperature differences between the air and the field.

The Board thanked Mr. Moss for coming. At this time, the Chairman stated that this is not a Public Hearing; however, noted that there was representation from both Shrewsbury High School and St. John's High School in the audience and invited them to briefly speak on the topic.

Patrick Collins, Jay Costa, and Jason Palitsch of Shrewsbury Public Schools and Patrick White of St. John's High School came up before the Board.

Patrick Collins stated that each day, the Shrewsbury Public Schools are responsible for the well-being of over six thousand (6,000) students. The safety of all students is paramount. He acknowledged that children utilize the Artificial Turf field and that they need to be attentive to the issue. As of January 1, 2019, the Massachusetts Interscholastic Athletic Association (MIAA) adopted a Heat Modification Policy. A copy was handed to each Board member. The policy goes into effect on July 1, 2019. There are other governing agencies who publish their own regulations as well. It is not necessary to add Board of Health regulations on top of what is already in place. Student safety is the primary business of all the schools and staff is well-versed in policies, procedures, and the MIAA.

Jay Costa stated that the MIAA is the governing body in athletics. This new policy will regulate temperatures for indoor and outdoor activities. A Wet Bulb Globe will also be used. This is a hand-held device that can be used on an Artificial Turf or a grass field to gauge temperatures. The handout outlines various types of exercises in different temperatures. He felt that their policies are well enough to use for any event and a lot of it is common sense. There is no need to reinvent the wheel.

Patrick White stated that the Artificial Turf is new at St. John's High School and they will be adhering to the Heat Policy issued by the MIAA. He feels it's a great guide for hydration as well as the heat index. Heat and concussion concerns are very important.

Question: What is Wet Bulb Globe Temperature (WBGT)?

Answer: It is a scientifically approved instrument used to estimate the effect of temperature, humidity, wind speed, and visible and infrared radiation on humans. It is used to determine appropriate exposure levels to high temperatures.

Representatives from both schools felt that additional regulations are not necessary and potentially could contain conflicting information, be redundant, and cause confusion. The School has practices and philosophies in place as well as the addition of the MIAA Heat Modification Policy. The MIAA is being adopted state-wide.

Question: Who checks the temperature on the field?

Answer: The Athletic Directors and Trainers would be checking.

Question: Is the MIAA over Parks and Recreation?

Answer: No. However, if a soccer camp rented fields from the Parks and Recreation department, safety and heat fall under the Recreational Camps for Children regulations.

Steve Vigeant acknowledged that he had read the letter from Dr. Sawyer and is in agreement. In his opinion, he doesn't feel it's necessary for the Board of Health to adopt policies and procedures. The other Board members were also in agreement and felt Dr. Sawyer's letter was incredibly thorough and it's doesn't make sense for another entity to come up with additional policies.

When the summer season has ended, the Board of Health would like to receive feedback from the School

Department on how the MIAA Heat Modification Policy worked.

5. Review and Act on the Report from the CMRPHA.

Phil Leger provided the Board with updates since the last Board of Health meeting that was held on January 25, 2019.

Environmental Health Data

Food Complaints & Inspections	2	Mobile Food Inspection	1
Pre-operational Inspection	1	Routine Food Inspections & Reinspections	31
Temporary Food Inspection	1	Housing Inspections & Reinspections	15
Nuisance Inspections & Reinspections	6	Other Inspections	2
Pre-rental Inspection	1		
TOTAL:	60		

Food Establishment & Digital Food Program:

- Chipotle Mexican Grill – Had a plumbing issue last week but the issue was resolved the same day.
- Farmers Market – Health Department attended a kick-off meeting on March 1, 2019.
- Thai & I (formerly Macey’s Café) – Submitted paperwork to the Health Department for review.
- All Star Bar – Working with several departments to address some issues prior to opening.
- Five Guys Burger & Fries – Are working on a kitchen hood renovation.
- Digital Food Code Program – The Alliance still likes Food Code Pro but are still utilizing the old inspection forms. The idea is going out to bid to see if there are any other comparable programs.

Permit Renewals:

- rDNA – Application and supporting documentation forthcoming for review and a subsequent inspection.
- Semi-Public Swimming Pools – Renewals going out in the next few weeks for the upcoming season.
- Recreational Camps for Children – Renewals were sent out on March 1, 2019 for the upcoming season.

Alliance Gatherings & Website:

- Special Commission on Local and Regional Public Health Recommendations will be held on March 19, 2019 from 1:00 p.m. to 3:00 p.m. at the Shrewsbury Town Hall. Kevin Mizikar, Town Manager for Shrewsbury sits on this commission. This meeting will aim on getting the same public services across the state, collect data, and obtain feedback on regionalization.
- Shrewsbury Coalition for Addiction Prevention and Education monthly meeting was attended by the Worcester Department of Public Health (WDPH) staff on February 25, 2019 at the Shrewsbury High School to finalize plans for March 21, 2019, when the Coalition will be showing the film “If They Had Known” on the dangers of underage drinking followed by a panel discussion by State Representative Hannah Kane. The event will be held at the Shrewsbury High School Auditorium from 6:30 p.m. to 8:00 p.m. The event is open to all High School and Middle School students and parents.
- Quarterly Alliance meeting will be held on April 17, 2019 at 12:30 p.m. at the West Boylston Town Hall. If anyone is interested in attending, please let Phil Leger know.
- Alliance Website – The website is currently down. Staff is working with a web hosting company to fix the technical difficulty.

Emergency Preparedness:

- 24/7 Call Down List – was reviewed for accuracy for the Shrewsbury Board of Health.

6. Review meeting schedule.

The next Board of Health meeting will be held on May 3, 2019 at 9:30 a.m. in the New Selectmen’s Meeting Room.

7. Adjourn.

Maria Narducci made a motion to adjourn the meeting at 9:22 a.m. Seconded by Jennie Fishman. Unanimously approved 3-0.

Referenced Material:

- Board of Health Meeting Minutes – dated January 25, 2019
- Email from Bryan Moss – February 14, 2019
- Email from Bryan Moss – February 20, 2019
- Letter to Bryan Moss from Joseph Sawyer – October 2, 2018
- CMRPHA Board of Health Meeting Updates – dated February 2019
- CMRPHA Board of Health Meeting Updates – dated March 2019
- Substance Use Prevention Educator’s Summit Flier – March 11, 2019
- International and Diversity Fair Flier – April 6, 2019
- Local Public Health Webinar – January 15, 2019
- MIAA Heat Modification Policy – Adopted January 16, 2019 / Effective July 1, 2019

Respectfully submitted,

Kerry M. Stockwell

Kerry M. Stockwell
Administrative Assistant to the Board of Health